

## Resources

Four long-term care homes as study sites; community palliative care experts & services that improve QOL; education/knowledge translation experts; colleges & universities; family/resident advocacy groups; local, regional, provincial and national organizational partners for consultation and dissemination; expert researchers; graduate student trainees; funding (SSHRC & in-kind from partners)

## PAR Research Activities

1. Assess antecedent conditions in 4 LTC homes (Year 1)

2. Strengthen antecedent conditions; engage PSWs in Alliance goals (Years 1, 2)

3. Empower & support PSW workers to act as catalysts for organizational change on PC (Years 1-5)

4. Create interprofessional palliative care teams in LTC homes with PSW participation (Year 2)

5. Grow the palliative care program with PSW involvement and community partners participation (Years 2-5)

6. Create sustainable LTC change through developing policy and procedures for PC program using partnerships between LTC management/staff and community partners (Years 3, 4, 5)

7. Evaluate the process and outcomes of all activities and disseminate findings of the research (Years 1-5)

8. Engage undergraduate and graduate students in all research and Alliance activities (Years 1-5)



## Reach of QPC-LTC Alliance

LTC Residents & their families, LTC staff (managers, professional & non-professional staff, PSW), community services & palliative care experts, educators/KT experts/colleges/universities, students in gerontology, social work, nursing, professional organizations involved in palliative care and long term care; government health and social services policy makers; general public, media



## Short-term Outcomes (Year 1)

**Objective 1:** Demonstrated commitment of PSWs to the project; increased awareness of palliative care and the potential of PSW role; increased PSWs sense of empowerment

**Objective 2:** Completed environmental scan in each site (baseline data)

**Objective 3:** Increased awareness of LTC residents, families, staff, management and local community partners of palliative care philosophy, goals and community resources

**Objective 4:** Increase knowledge and skill in PAR and palliative care for students; increased understanding of student contributions in LTC homes



## Intermediate Outcomes (Years 2-5)

**Objective 1:** Multiple educational and clinical interventions developed and evaluated for empowering PSW in their role as catalysts for change

**Objective 2:** Capacity development model implemented and evaluated in relation to four phases of the palliative care development process at each site; tool kit of best practices in implementing model is developed

**Objective 3:** Increased commitment to providing QPC reflected in LTC policy & procedures and resource allocation; increased quality of life for residents and families

**Objective 4:** Increased participation of graduate and undergraduate students in Alliance and LTC palliative care program



## Longer-term Outcomes (Year 5 Onwards)

**Objective 1:** Increased participation of PSWs, students and community partners in providing QPC in LTC homes in Canada

**Objective 2:** Increased number of LTC homes in Canada implement palliative care programs using the QPC-LTC tool-kit and community capacity development process to implement organizational change

**Objective 3:** Increased number of residents and families in LTC homes in Canada receive QPC

**Objective 4:** More curriculum available to support QPC-LTC education for students in colleges, universities in Canada