

# Quality Palliative Care in Long Term Care Alliance

## Together we make a difference in Palliative Care First Alliance Meeting Held

The Quality Palliative Care in Long Term Care (QPC-LTC) Alliance meeting will be held bi-annually to allow community partners and researchers to come together and learn more about the progress of the project. Our first Alliance meeting was held November 27th, 2009 at Lakehead University using Web CT to record it for those Alliance members unable to attend in person. The meeting includes important updates and a facilitated discussion of researchers, graduate students and LTC staff regarding the benefits, challenges and outcomes of the data collection to date. To view the webcast::

- 1)Go to: <http://mediastreamer4.lakeheadu.ca/>
- 2)Recording ID: 23724
- 3)No PIN required.
- 4)Click "Stream this recording".

This recording will be available until the end of December. The next full Alliance meeting will be held in April. Stay tuned for updates including the date and time of our next meeting.

### Meet Jackie McDonald

My name is Jackie McDonald and I am a Personal Support Worker working at Bethammi Nursing Home for the past six years. I am excited about this project, bringing the community back to the residents. Our goal is to improve the quality of life for our residents as many have been forgotten. For some, we are their voice. The challenge for me with the QPC-LTC project is absorbing as much as I can and transferring what I learn to my co-workers so we can implement it in the workplace. Achieving continuity between everyone involved will be challenging but very rewarding. The benefit of this project to the LTC home is having more resources. The residents will benefit from the different alliances we have brought on board. As for the staff, we will be able to match arising needs with an Alliance partner such as a volunteer through Hospice Northwest, someone from cancer care to help families to understand their loved ones diagnosis, or the Pain and System Management Consultant to help with pain control. The support of these community organizations will benefit the staff by providing education and much needed expertise to share in the responsibilities of the care of the residents.



**"Alone we can do so little; together we can do so much."**

Helen Keller

## We Are Having A Project Launch Celebration !!!

As a fun way to inform staff, residents and families about the QPC-LTC Alliance project, St. Joseph's Care Group (SJCG) has offered to throw a launch party in Bethammi Nursing Home and Hogarth Riverview Manor. We could not be more excited to officially announce our project. The event will include an introduction of the Thunder Bay project team, the Personal Support Worker representatives from each of the homes, provide general project information, and of course include food and prizes! Please stop by the event to learn more about the people who are working together to improve the quality of life of residents in Bethammi Nursing Home and Hogarth Riverview Manor.

### Hogarth Launch Party

**Date:** Tuesday, January 12 2009

**Time:** 1:30pm - 3:00pm

**Location:** Timber Hall

### Bethammi Launch Party

**Date:** Wednesday, January 13 2009

**Time:** 2:00pm – 3:30pm

**Location:** Georgian Room

**FAREWELL TO SONJA HABJAN** After 10 years at CERAH, Sonja has decided to move on to pursue her other interests including more time for teaching in the Gerontology Program. We thank Sonja for her excellent work on this project.

**WE WOULD LIKE TO WISH YOU  
AND YOUR FAMILIES A HAPPY  
HOLIDAY AND WE LOOK FORWARD  
IN WORKING WITH YOU  
IN THE YEAR TO COME!**



### Questions?

Please forward questions or comments to:

Dr. Mary Lou Kelley, Principal Investigator

[mlkelley@lakeheadu.ca](mailto:mlkelley@lakeheadu.ca)

Dr. Sharon Kaasalainen, Co-Investigator

[kaasal@univmail.cis.mcmaster.ca](mailto:kaasal@univmail.cis.mcmaster.ca)



Centre for Education  
and Research on  
Aging & Health

**Lakehead**  
UNIVERSITY

